

# L.PSY 131 (02): Psychology of Stress

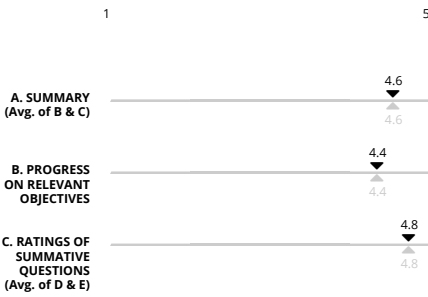
J-Term 2017 | Jake Kurczek | Course CIP Code: 42.01

21 | Students Enrolled  
 19 | Students Responded  
 90.48% | Response Rate

## Summative

▼ | Adjusted  
 ▲ | Raw  
 □ | 3 Point Plus/Minus

Your Average Scores  
 5 Point Scale



Your Overall Mean Ratings  
 5 Point Scale

Ratings of Summative Questions	Raw	Adj.
D. Excellent Teacher	4.9	4.9
E. Excellent Course	4.7	4.7

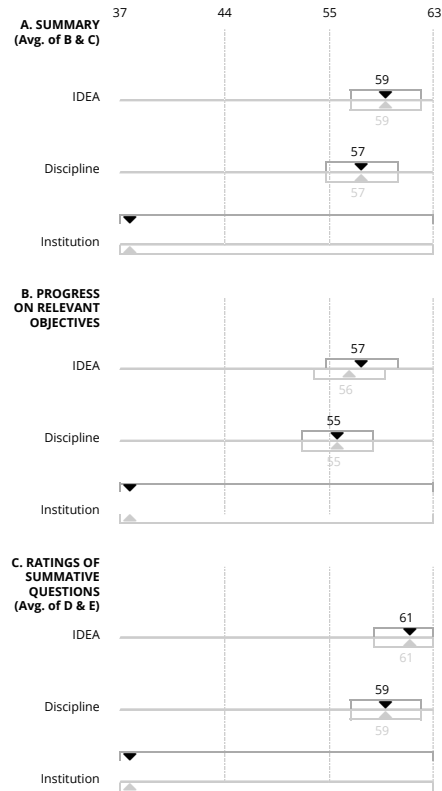
Your Overall Converted Ratings

Ratings of Summative Questions	Raw	Adj.
D. Excellent Teacher		
IDEA	61	61
Discipline	59	59
Institution		
E. Excellent Course		
IDEA	61	61
Discipline	58	58
Institution		

Converted Average Buckets  
 Based on a Bell Curve

Much Lower (Lowest 10%)	Lower (Next 20%)	Similar (Middle 40%)	Higher (Next 20%)	Much Higher (Highest 10%)
37 or Lower	38 - 44	45 - 55	56 - 62	63 or Higher

Your Converted Average



Student Ratings of Learning on Relevant Objectives	Importance Rating	Your Average (5 Point Scale)		% of Students Rating		Your Converted Average					
		Raw	Adj.	1 or 2	4 or 5	IDEA		Discipline		Institution	
						Raw	Adj.	Raw	Adj.	Raw	Adj.
Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)	I	4.2	4.2	0	84	52	52	50	50		
Developing knowledge and understanding of diverse perspectives, global awareness, or other cultures	M	4.2	4.2	0	79	53	53	52	53		
Learning to <i>apply</i> course material (to improve thinking, problem solving, and decisions)	E	4.5	4.5	0	100	57	58	55	55		
Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course	M	4.4	4.5	0	95	56	57	54	54		
Acquiring skills in working with others as a member of a team	I	4.5	4.6	0	95	60	60	58	60		

Learning Objective		4.3	4.4	0	89	58	59	59	60
Developing creative capacities (inventing; designing; writing; performing in art, music, drama, etc.)	M	4.3	4.3	0	89	58	59	59	60
Gaining a broader understanding and appreciation of intellectual/cultural activity (music, science, literature, etc.)	M	4.3	4.4	0	95	58	59	57	59
Developing skill in expressing myself orally or in writing	M	4.3	4.4	0	79	57	58	55	57
Learning how to find, evaluate, and use resources to explore a topic in depth	E	4.3	4.4	0	89	56	57	55	55
Developing ethical reasoning and/or ethical decision making	M	4.2	4.3	5	79	55	57	53	56
Learning to analyze and critically evaluate ideas, arguments, and points of view	M	4.1	4.1	5	68	52	52	51	52
Learning to apply knowledge and skills to benefit others or serve the public good	E	4.4	4.4	0	89	56	57	54	55
Learning appropriate methods for collecting, analyzing, and interpreting numerical information	M	4.3	4.4	0	84	57	59	57	58

Course Description	Your Average	Your Converted Average	
		IDEA	Discipline
Amount of coursework	2.7	36	38
Difficulty of subject matter	2.7	37	38

Student Description	Your Average	Your Converted Average	
		IDEA	Discipline
As a rule, I put forth more effort than other students on academic work.	3.5	36	41
I really wanted to take this course regardless of who taught it.	4.3	62	60
When this course began I believed I could master its content.	3.9	51	50
My background prepared me well for this course's requirements.	3.7	50	48

**Formative**

Teaching Essentials	Your Average	Students Rating	Suggested Action
Demonstrated the importance and significance of the subject matter	4.7	0% (1 or 2) 95% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Made it clear how each topic fit into the course	4.7	0% (1 or 2) 95% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Explained course material clearly and concisely	4.5	5% (1 or 2) 84% (4 or 5)	You employed the method with frequency typical of those teaching classes of similar size and level of student motivation.
Introduced stimulating ideas about the subject	4.8	0% (1 or 2) 100% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Inspired students to set and achieve goals which really challenged them	4.5	0% (1 or 2) 89% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.

Reflective and Integrative Learning	Your Average	Students Rating	Suggested Action
Helped students to interpret subject matter from diverse perspectives (e.g., different cultures, religions, genders, political views)	4.5	0% (1 or 2) 89% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Encouraged students to reflect on and evaluate what they have learned	4.8	0% (1 or 2) 95% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Provided meaningful feedback on students' academic performance	4.6	5% (1 or 2) 89% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Stimulated students to intellectual effort beyond that required by most courses	4.5	0% (1 or 2) 89% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Related course material to real life situations	4.8	0% (1 or 2) 100% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Created opportunities for students to apply course content outside the classroom	4.8	0% (1 or 2) 100% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.

Collaborative Learning	Your Average	Students Rating	Suggested Action
Formed teams or groups to facilitate learning	4.7	0% (1 or 2) 95% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.

Active Learning	Your Average	Students Rating	Suggested Action
Encouraged students to use multiple resources (e.g., Internet, library holdings, outside experts) to improve understanding	4.7	0% (1 or 2) 95% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.
Involved students in hands-on projects such as research, case studies, or real life activities	4.7	0% (1 or 2) 100% (4 or 5)	You employed the method more frequently than those teaching classes of similar size and level of student motivation.

**Quantitative**

Describe the frequency of your instructor's teaching procedures.	Hardly Ever	Occasional	Sometimes	Frequently	Almost Always	N	DNA	SD	M
<i>The Instructor:</i>									
Found ways to help students answer their own questions	0% (0)	0% (0)	5.26% (1)	31.58% (6)	63.16% (12)	19	0	0.59	4.58
Helped students to interpret subject matter from diverse perspectives (e.g., different cultures, religions, genders, political views)	0% (0)	0% (0)	10.53% (2)	26.32% (5)	63.16% (12)	19	0	0.68	4.53
Encouraged students to reflect on and evaluate what they have learned	0% (0)	0% (0)	5.26% (1)	10.53% (2)	84.21% (16)	19	0	0.52	4.79
Demonstrated the importance and significance of the subject matter	0% (0)	0% (0)	5.26% (1)	21.05% (4)	73.68% (14)	19	0	0.57	4.68
Formed teams or groups to facilitate learning	0% (0)	0% (0)	5.26% (1)	15.79% (3)	78.95% (15)	19	0	0.55	4.74
Made it clear how each topic fit into the course	0% (0)	0% (0)	5.26% (1)	15.79% (3)	78.95% (15)	19	0	0.55	4.74
Provided meaningful feedback on students' academic performance	5.26% (1)	0% (0)	5.26% (1)	10.53% (2)	78.95% (15)	19	0	0.99	4.58
Stimulated students to intellectual effort beyond that required by most courses	0% (0)	0% (0)	10.53% (2)	26.32% (5)	63.16% (12)	19	0	0.68	4.53
Encouraged students to use multiple resources (e.g., Internet, library holdings, outside experts) to improve understanding	0% (0)	0% (0)	5.26% (1)	15.79% (3)	78.95% (15)	19	0	0.55	4.74

Describe the frequency of your instructor's teaching procedures.	Hardly Ever	Occasionally	Sometimes	Frequently	Almost Always	N	DNA	SD	M
<i>The Instructor:</i>									
Explained course material clearly and concisely	5.26% (1)	0% (0)	10.53% (2)	5.26% (1)	78.95% (15)	19	0	1.04	4.53
Related course material to real life situations	0% (0)	0% (0)	0% (0)	21.05% (4)	78.95% (15)	19	0	0.41	4.79
Created opportunities for students to apply course content outside the classroom	0% (0)	0% (0)	0% (0)	21.05% (4)	78.95% (15)	19	0	0.41	4.79
Introduced stimulating ideas about the subject	0% (0)	0% (0)	0% (0)	21.05% (4)	78.95% (15)	19	0	0.41	4.79
Involved students in hands-on projects such as research, case studies, or real life activities	0% (0)	0% (0)	0% (0)	26.32% (5)	73.68% (14)	19	0	0.44	4.74
Inspired students to set and achieve goals which really challenged them	0% (0)	0% (0)	10.53% (2)	26.32% (5)	63.16% (12)	19	0	0.68	4.53
Asked students to share ideas and experiences with others whose backgrounds and viewpoints differ from their own	0% (0)	0% (0)	0% (0)	21.05% (4)	78.95% (15)	19	0	0.41	4.79
Asked students to help each other understand ideas or concepts	0% (0)	0% (0)	5.26% (1)	21.05% (4)	73.68% (14)	19	0	0.57	4.68
Gave projects, tests, or assignments that required original or creative thinking	0% (0)	0% (0)	5.26% (1)	21.05% (4)	73.68% (14)	19	0	0.57	4.68
Encouraged student-faculty interaction outside of class (e.g., office visits, phone calls, email)	0% (0)	0% (0)	10.53% (2)	26.32% (5)	63.16% (12)	19	0	0.68	4.53

Describe your progress on:	No Apparent Progress	Slight Progress	Moderate Progress	Substantial Progress	Exceptional Progress	N	DNA	SD	M
<i>The Course:</i>									
Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)	0% (0)	0% (0)	15.79% (3)	47.37% (9)	36.84% (7)	19	0	0.69	4.21
Developing knowledge and understanding of diverse perspectives, global awareness, or other cultures	0% (0)	0% (0)	21.05% (4)	42.11% (8)	36.84% (7)	19	0	0.74	4.16
Learning to apply course material (to improve thinking, problem solving, and decisions)	0% (0)	0% (0)	0% (0)	52.63% (10)	47.37% (9)	19	0	0.5	4.47
Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course	0% (0)	0% (0)	5.26% (1)	47.37% (9)	47.37% (9)	19	0	0.59	4.42
Acquiring skills in working with others as a member of a team	0% (0)	0% (0)	5.26% (1)	42.11% (8)	52.63% (10)	19	0	0.6	4.47
Developing creative capacities (inventing, designing, writing, performing in art, music, drama, etc.)	0% (0)	0% (0)	10.53% (2)	47.37% (9)	42.11% (8)	19	0	0.65	4.32
Gaining a broader understanding and appreciation of intellectual/cultural activity (music, science, literature, etc.)	0% (0)	0% (0)	5.26% (1)	57.89% (11)	36.84% (7)	19	0	0.57	4.32
Developing skill in expressing myself orally or in writing	0% (0)	0% (0)	21.05% (4)	26.32% (5)	52.63% (10)	19	0	0.8	4.32
Learning how to find, evaluate, and use resources to explore a topic in depth	0% (0)	0% (0)	10.53% (2)	47.37% (9)	42.11% (8)	19	0	0.65	4.32
Developing ethical reasoning and/or ethical decision making	0% (0)	5.26% (1)	15.79% (3)	31.58% (6)	47.37% (9)	19	0	0.89	4.21
Learning to analyze and critically evaluate ideas, arguments, and points of view	0% (0)	5.26% (1)	26.32% (5)	21.05% (4)	47.37% (9)	19	0	0.97	4.11
Learning to apply knowledge and skills to benefit others or serve the public good	0% (0)	0% (0)	10.53% (2)	42.11% (8)	47.37% (9)	19	0	0.67	4.37
Learning appropriate methods for collecting, analyzing, and interpreting numerical information	0% (0)	0% (0)	15.79% (3)	42.11% (8)	42.11% (8)	19	0	0.71	4.26

On the next two items, compare this course with others you have taken at this institution.	Much Less than Most Courses	Less than Most Courses	About Average	More than Most Courses	Much More than Most Courses	N	DNA	SD	M
Amount of coursework	0% (0)	36.84% (7)	57.89% (11)	5.26% (1)	0% (0)	19	0	0.57	2.68
Difficulty of subject matter	0% (0)	31.58% (6)	63.16% (12)	5.26% (1)	0% (0)	19	0	0.55	2.74

For the following items, choose the option that best corresponds to your judgment.	Definitely False	More False than True	In Between	More True than False	Definitely True	N	DNA	SD	M
As a rule, I put forth more effort than other students on academic work.	0% (0)	10.53% (2)	36.84% (7)	47.37% (9)	5.26% (1)	19	0	0.75	3.47
I really wanted to take this course regardless of who taught it.	0% (0)	5.26% (1)	15.79% (3)	26.32% (5)	52.63% (10)	19	0	0.91	4.26
When this course began I believed I	0% (0)	10.53% (2)	31.58% (6)	31.58% (6)	26.32% (5)	19	0	1	3.05

Statement	0% (0)	10.53% (2)	26.32% (5)	51.58% (10)	50.84% (11)	19	0	1	3.95
My background prepared me well for this course's requirements.	0% (0)	10.53% (2)	26.32% (5)	42.11% (8)	21.05% (4)	19	0	0.91	3.74
Overall, I rate this instructor an excellent teacher.	0% (0)	0% (0)	0% (0)	5.26% (1)	94.74% (18)	19	0	0.22	4.95
Overall, I rate this course as excellent.	0% (0)	0% (0)	0% (0)	26.32% (5)	73.68% (14)	19	0	0.44	4.74

### Qualitative

Comments -
<ul style="list-style-type: none"> <li>At the beginning I thought we were just going to have power-points with a monotone voice talking at us. As the class went on I found that i was wrong. The lectures got more and more interesting and his speaking patterns got better. I loved taking this class and cant wait to go over all the information that iv'e learned.</li> <li>one of the best professors i have come across in my college carreer. He made me eager to learn day in and day out. i view him as a friend now after jterm</li> <li>Cool guy, definitely my favorite teacher at loras so far.</li> <li>I enjoyed the class but would prefer more feedback on homework. I know there are only 3 weeks in the class but I'm still a little worried I wasn't doing the journals to there fullest, grading wise. Overall the class was great, especially the retreat. That was fun as well as eye opening.</li> <li>I really enjoyed this class. Loved learning about each topic.</li> <li>Jake was a great teacher and related to us personally in whatever subject we were talking about that day.</li> <li>It's been a pleasure all semester</li> <li>great teacher</li> <li>great class and great teacher</li> <li>I thought he did an excellent job with all aspects of the course. From start to finish he did an amazing job and made the class very enjoyable to go to everyday</li> <li>awesome class and awesome Professor. Professor is always willing to help and great overall. A lot of out of classroom activities that are very beneficial to obtaining knowledge about the course. Sick beard as well.</li> <li>Great Professor. Much Better than his wife. Wife was good too though. Just making sure there a point for Jake.</li> <li>This was a very fun class and Jake made it active and enjoyable to be in the classroom.</li> </ul>